

ADFAM TRAINING COURSES

a new offer for 2016



Adfam has delivered specialist training on families and substance use for almost as long as it has existed – since 1984! We have run a variety of courses over the years and have now refreshed and revised the most popular to reflect the very latest evidence and practice.

The courses

Course 1: Families, drugs and alcohol: an introduction

This one day course is for all practitioners who work with adult family members affected by drug and/or alcohol misuse. It is accessible to workers without existing knowledge of the topic and covers both the background knowledge and skills necessary for effective practice.

By the end of the training learners will:

1. Recognise the potential impact of substance use on families
2. Identify behaviours associated with someone who cares for a substance user
3. Identify the work they undertake with family members and the types of interventions they currently use
4. Identify the best ways families can support each other at various stages of the 'Cycle of Change'
5. Consider the effectiveness of brief interventions models and their use with family members
6. Explore a number of commonly used brief interventions models
7. Consider how to utilise the techniques they have learnt in their practice with families

Course 2: Families, drugs and alcohol: advanced skills

This one day course is aimed at practitioners with some experience of working with families affected by substance use, who wish to develop their skills in working with this group of people. It provides an in-depth exploration of interventions and skills for working with families.

By the end of the training learners will:

1. Know the five commonly used techniques for assisting families affected by substance use
2. Understand how different perspectives and approaches lead to differing outcomes for families
3. Be able to use a toolkit of approaches with family members to enable them to explore their experiences and look for support
4. Be able to reflect on the efficacy of these approaches
5. Be ready to identify their own learning opportunities in order to continue their journey to continue to improve their practice

Course 3: Children, parenting, families, drugs and alcohol

This one day course will be of benefit to any practitioner who wishes to gain both a basic insight into the issues surrounding parental substance misuse and safeguarding, together with an opportunity to practice some skills in dealing with parents who are problematic drug/alcohol users.

By the end of the training learners will:

1. Understand what constitutes 'good enough' parenting
2. Understand how problematic drug and alcohol use by parents may cause risk to their children
3. Be able to identify and minimise risks posed by Opioid Substitute Therapy medications prescribed to parents or carers
4. Know how to make a disclosure to the relevant authority in line with organisational procedures
5. Understand risk and resilience in children of drug users

Course 4: Child-parent violence, drugs and alcohol

This one day course is for any practitioner who works with families affected by substance use in their everyday work who wishes to gain a greater understanding of how children (including adult children) with drug or alcohol problems can perpetrate domestic violence against their parents.

By the end of the training learners will:

1. Have a better understanding of child-parent violence
2. Understand the differences and similarities to intimate partner violence (IPV)
3. Have a better understanding of domestic violence theories, terminology and approaches
4. Be able to build referral pathways to domestic violence and other agencies

Course 5: Safeguarding children from Opioid Substitute Therapy risks: a multi-disciplinary approach

This one day course is aimed at local areas and must be run as a multi-agency, multi-disciplinary learning event with representation from across the services involved in safeguarding children from risks posed by OST medications: treatment services; prescribers; health visitors; midwives; housing officers; social workers (family and adult); police officers, domestic violence workers etc. It enables local areas to develop a strategic plan on how agencies can work together to create a joint plan for working together to safeguard local children.

By the end of the training learners will:

1. Make an appropriate risk assessment for children under the age of five coming into contact with an adult prescribed OST medications.
2. Consider the evidence base on the impact of substance use on parenting capacity.
3. Conduct improved welfare checks for children, including signs of drug ingestion.
4. Create and implement a shared safety plan to enhance local practice.
5. Identify mechanisms to establish inter-agency partnerships and future joint working.

Information for commissioners

1. All courses are suitable for between 10 and 15 learners, except for course 5 which, given its emphasis on multi-disciplinary planning requires 15 to 20.
2. All courses are of one day's duration and usually run 9.30–16.30.
3. Adfam will provide:
 - a. a highly experienced trainer
 - b. electronic copies of all course materials
4. You will be required to:
 - a. agree a date(s)
 - b. sign a delivery contract
 - c. promote the training and recruit participants
 - d. provide a suitable venue, equipment and refreshments
 - e. print all materials and have at venue
 - f. submit an attendance list to Adfam at least one week in advance
 - g. distribute training information to all participants
5. Costs
 - a. £800 for small charities (income < £500,000)
 - b. £950 for medium charities (income £500,000 - £5m)
 - c. £1150 for large charities (income > £5m) and statutory/commercial organisations

If you would any further information or to commission a training course please contact [Oliver Standing](#).



Professional certification

We believe it is essential that practitioners can demonstrate the quality of their practice and organisations can demonstrate the quality of their services to commissioners and wider partners. Certification for practitioners helps do that – and can therefore support quality management, drive continued professional development and assist the commissioning process.

Adfam and the [Federation of Drug and Alcohol Professionals](#) (FDAP) have jointly developed a competency based certification for practitioners supporting families affected by drugs and alcohol.

The certification is specifically designed for practitioners from any sector working with children and families affected by substance use. Its main benefits are:

1. A professional competency based certification mapped to appropriate national occupational standards
2. A role profile
3. A code of practice to work to

Practitioners will require their employers to attest to their competence in each of the national occupational standards outlined in the role profile and must develop a portfolio of their continued learning and development to demonstrate continued professional development in order to re-accredit after three years.

Cost: £75 for three years (including one year's membership of FDAP, which must then be renewed)

For more information please [see the FDAP site](#).