

Understanding Family Dynamics

Overview

The aim of this training is to enable and equip practitioners to better understand the dynamics that happen in the lives of the families that they come in to contact with as a result of drug and alcohol use.

Learning Objectives

At the end of the training, participants will be able to:

- Identify the four levels at which family dynamics operate
- Recognise the internal processes which individual family member go through
- Identify the dynamics between two family members
- Describe the stages families typically move through when they are affected by substance use
- Recognise how dependent substance use can affect family dynamics
- Identify how wider social contexts can affect family dynamics.

How to access this training

Commission: Adfam can deliver this training in-house to your organisation/agency. The course can be tailored to fit your bespoke training needs, for groups of 12-20 people.

Individuals: see the Adfam website for a list of upcoming training dates and venues.

Costs

Prices are £130 per person on courses open to individuals. Commissions start at £700 (which can train up to 20) and are based on a sliding scale of income.

Contact us

Should you have any questions or require any additional information, please contact us on 020 7553 7640 or email training@adfam.org.uk.